



PRESS RELEASE

For Immediate Release

INSIDE OUT Brings Documentary Theatre, Live Music, and Testimony to Montreal in Support of Political Prisoners

Montreal, April 16, 2026 — The Russian-Canadian Democratic Alliance (RCDA) presents *INSIDE OUT*, a Canadian-created multimedia performance combining documentary theatre, live music, and immersive storytelling in support of political prisoners in Russia.

April 16, 7 pm, Le Balcon, 463 Rue Sainte-Catherine O Montréal, H3B 1B1

Performed in English, *INSIDE OUT* is based on letters written to and from people imprisoned for opposing war, speaking out against repression, or defending democratic values. Through performance and music, the project brings these voices to the stage and invites Canadian audiences to engage with the human cost of authoritarianism.

Created by artists and volunteers from across Canada and beyond, *INSIDE OUT* transforms personal testimony into a live cultural experience rooted in solidarity, reflection, and civic responsibility.

At a time when political prisoners are too often reduced to statistics, *INSIDE OUT* focuses on the people behind the headlines — their words, fears, hope, and resilience. The performance also offers Canadian audiences a deeper understanding of propaganda, repression, and the erosion of civil society, while affirming values of peace, human dignity, and freedom of expression.

The project stands at the intersection of art, human rights advocacy, and community action. By supporting *INSIDE OUT*, audiences help amplify silenced voices and contribute to a broader conversation about democratic values, cultural freedom, and international solidarity.

Why this project matters

- It brings attention to political prisoners through art grounded in real testimony
- It creates space for diaspora and exiled voices
- It offers a Canadian cultural response to global repression and war
- It supports human rights, artistic freedom, and public dialogue



About RCDA

The Russian-Canadian Democratic Alliance (RCDA) is a non-profit organization dedicated to promoting democratic values and raising awareness of global issues affecting the Russian-Canadian community.

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